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Patella ORIF Protocol:

The patient underwent a Patellar open reduction internal fixation with tension band via cannulated screws. They may weight-bear as tolerated with their brace locked at 0°. Range of motion should be from 0-90° for the first 4 weeks postoperatively. From weeks 4-6 postoperatively range of motion will be increased to 0-120°. 6 weeks postoperatively full range of motion will be allowed. PT can initiate straight leg raises and quad isometrics after the first postop visit. Weightbearing without the brace will be dependent upon x-ray evidence of healing.